

Methane bursts as a trigger for intermittent lake-forming climates on post-Noachian Mars

Edwin S. Kite^{1*}, Peter Gao^{2,3}, Colin Goldblatt⁴, Michael A. Mischna⁵, David P. Mayer^{1,6}
and Yuk L. Yung⁷

Lakes existed on Mars later than 3.6 billion years ago, according to sedimentary evidence for deltaic deposition. The observed fluvio-lacustrine deposits suggest that individual lake-forming climates persisted for at least several thousand years (assuming dilute flow). But the lake watersheds' little-weathered soils indicate a largely dry climate history, with intermittent runoff events. Here we show that these observational constraints, although inconsistent with many previously proposed triggers for lake-forming climates, are consistent with a methane burst scenario. In this scenario, chaotic transitions in mean obliquity drive latitudinal shifts in temperature and ice loading that destabilize methane clathrate. Using numerical simulations, we find that outgassed methane can build up to atmospheric levels sufficient for lake-forming climates, if methane clathrate initially occupies more than 4% of the total volume in which it is thermodynamically stable. Such occupancy fractions are consistent with methane production by water-rock reactions due to hydrothermal circulation on early Mars. We further estimate that photochemical destruction of atmospheric methane curtails the duration of individual lake-forming climates to less than a million years, consistent with observations. We conclude that methane bursts represent a potential pathway for intermittent excursions to a warm, wet climate state on early Mars.

Runoff on Mars after ~ 3.6 Gyr ago (Ga) was uncommon and episodic. Episodes of runoff are recorded by deltas and fans. Fan/delta watershed mineralogy shows limited aqueous weathering, and watershed topography lacks the slope-area scaling expected for prolonged fluvial erosion. Thus, mineralogy and geomorphology suggest runoff episodes were brief. Yet surprisingly, sediment and water mass balance calculations for $\lesssim 3.6$ Ga precipitation-fed palaeolakes do not suggest a palimpsest of catastrophic events. To the contrary, runoff production of $0.1\text{--}1\text{ mm h}^{-1}$ and lake lifetimes of >3 kyr (assuming dilute flow) requires sustained, non-catastrophic cycling of lake water (for example, refs 1–3) (Supplementary Table 1). Catchments lack evidence for extensive leaching⁴, and retain mafic minerals such as olivine, which dissolves quickly in water (Methods). Furthermore, late-stage fluvial incision into delta and fan deposits is uncommon. In summary, individual lake-forming climates lasted >3 kyr but shut down rapidly.

Drawing out the implications of intermittency data

To draw out the implications of the intermittency data, we use a conceptual model of catchment response to a ~ 3 Ga wet episode (Fig. 1a). Consistent with models (for example, ref. 5), we assume that snow falls in low-latitude catchments when obliquity (φ) $> 40^\circ$. During a wet-climate anomaly, runoff from snowmelt transports sediment to build a fan/delta. This phase lasts $>(3\text{--}10)$ kyr (the product of delta volume and water:sediment ratio, divided by the energy-limited lake evaporation rate)^{1–3} (Supplementary Table 1). During this phase, erosion may expose mafic minerals (for example, olivine) in sediment-source regions (Fig. 1a). As climate cools, meltwater production is insufficient to transport sediment, but still wets the active-layer soil and so dissolves olivine. The

duration of this phase cannot exceed the olivine-dissolution lifetime ($\sim 10^6$ yr)^{6,7}.

Hypotheses for the trigger of lake-forming climates should match constraints on the intermittency and cadence of those climates. Many existing hypotheses for the trigger of lake-forming climates underpredict lake lifetime (Fig. 1b). Individual volcanic eruptions permit wet events of only at most hundreds of years duration^{8,9}. Models of ~ 3 Ga asteroid impacts predict <10 yr runoff¹⁰. Alternatively, a $\text{H}_2\text{--CO}_2$ greenhouse requires >0.15 Myr to remove H_2 at the diffusion-limited rate¹¹; this is marginally consistent with data, but requires a brief $>10^7\text{ km}^3$ pulse of late-stage volcanism (or clathrate release; ref. 12) to provide H_2 . Recently, limit cycles involving rapid deglaciation and rapid carbonate formation have been proposed to explain >3.6 Ga lake-forming climates¹³. Such a limit cycle is implausible for $\lesssim 3.6$ Ga lakes because post-Noachian soil thicknesses and erosion rates provide insufficient cations for rapid weathering drawdown of the atmosphere¹⁴, and because the hypothesized carbonates would reside near the modern surface, in conflict with spectroscopic constraints¹⁵.

Methane bursts as a trigger for lake-forming climates

An alternative trigger for lake-forming climates is chaotic transitions in Mars' mean obliquity. These transitions are large ($10^\circ\text{--}20^\circ$), brief (often $\lesssim 10^7$ yr), and infrequent: transported to a random point in Mars' history, one would expect to find oneself in a 0.5 Gyr-long interval of continuously high (or low) Myr-mean φ (Fig. 2). The brevity and large time interval of mean- φ transitions matches the brevity and rarity of lake-forming climates. Moreover, mean- φ transitions cause latitudinal shifts in temperature, which destabilizes ice/snow (for example, ref. 5). Thus, φ shifts can increase the amount

¹Department of Geophysical Sciences, University of Chicago, Chicago, Illinois 60637, USA. ²NASA Ames Research Center, Mountain View, California 94035, USA. ³Astronomy Department, University of California, Berkeley, California 94720, USA. ⁴School of Earth and Ocean Sciences, University of Victoria, Victoria, British Columbia V8P 5C2, Canada. ⁵Jet Propulsion Laboratory, Pasadena, California 91109, USA. ⁶US Geological Survey, Astrogeology Science Center, Flagstaff, Arizona 86001, USA. ⁷Division of Geological and Planetary Sciences, California Institute of Technology, Pasadena, California 91125, USA. *e-mail: kite@uchicago.edu

of water in the atmosphere, favour cirrus-cloud warming¹⁶, and prime surface snowpack for runoff⁵.

During a large shift in mean ϕ , the subsurface will undergo correspondingly large changes in pressure (as surface ice and ground ice migrate) and temperature. At some latitudes this will destabilize CH₄-clathrate, yielding CH₄ gas¹⁷. CH₄-clathrate breakdown involves a >14% reduction in solid volume, and we assume fractures allow methane gas released at ≤ 100 m depth to reach the surface in much less than 10⁴ yr (ref. 18). In our scenario, the ultimate source of CH₄ is hydrothermal circulation (for example, serpentinization) early in Mars' history (for example, ref. 19). The CH₄-production stoichiometric upper limit (for hydrothermal reactions) is more than 10⁴ × greater than the amount needed to shift planetary climate (Methods). Methane-saturated fluids will deposit clathrate on approach to a cold surface. As Mars cools, the hydrate stability zone (HSZ) expands. Methane will diffuse out of the HSZ only slowly, but once destabilized, CH₄-clathrate dissociates geologically quickly²⁰.

Mean- ϕ transitions can lead to build-up of millibars of methane in Mars' atmosphere. To show this, we used calculations of Mars' spin and orbit²¹, output from a Global Climate Model⁵, a parameterization of the greenhouse effect of CH₄ (ref. 22), and a photochemical model of CH₄ destruction²³, to drive a model of CH₄-clathrate stability in Mars' subsurface (Methods). We used mobile ice + dust overburden of ~ 40 m thickness²⁴. The fraction f of the HSZ that is occupied by hydrate is a free parameter. Example output is shown in Fig. 3 (and Supplementary Fig. 5). Following model spinup, little happens for ~ 0.2 Gyr. CH₄ released to the atmosphere during quasi-periodic orbital change¹⁷ is maintained below radiatively significant levels by ultraviolet photolysis²⁵. Then, a mean- ϕ shift occurs, swiftly destabilizing CH₄-clathrate (Fig. 3). CH₄ release temporarily overwhelms photolysis by ultraviolet light (we use a ~ 3.0 Ga ultraviolet flux; ref. 26); CH₄ accumulates in the atmosphere. Our photochemical modelling (Methods) shows that the Mars' atmosphere CH₄-enrichment episode duration is set by ultraviolet photon supply, the CH₄/CO₂ ratio, and other photochemical effects, and is 10⁵–10⁶ years. This duration allows for multiple orbitally paced pulses of runoff in a given lake basin, consistent with data³, and satisfies the lake duration constraint. CH₄ peaks early in the episode and declines gradually. Because the CH₄-clathrate reservoir is recharged slowly if at all, the CH₄-burst mechanism also satisfies the olivine-dissolution constraint.

Percent levels of methane can switch the Mars system from zero meltwater production to a lake-forming climate. 1% of CH₄ added to a ~ 1 bar CO₂ atmosphere in a clear-sky radiative-convective calculation boosts temperature by 6 K (ref. 22). These corresponding CO₂ pressures are consistent with proxy data^{27,28}, assuming lakes were ice-covered. The boosted temperatures can be high enough for perennial ice-covered lakes to form^{29,30}. In our calculations CH₄/CO₂ ≤ 0.1 , so photochemical production of C₂H₆ is minor and anti-greenhouse haze cannot form. However, abiotic hydrothermal reactions produce C₂H₆ with between 10⁻³ and 10⁻¹ the efficiency of CH₄ (ref. 31), and C₂H₆ partitions readily into clathrate¹⁸. The greenhouse effect of even 1% C₂H₆/CH₄ would be radiatively significant^{32,33}. Although CH₄ photolysis yields H₂, the additional warming is modest. The likely presence of clouds would moderate total warming, but only by 14–30% (ref. 34).

Methane bursts link subsurface and surface hydrology

CH₄-induced surface warming swiftly destabilizes CH₄-clathrate at greater depth, which releases additional CH₄. This CH₄-release feedback greatly increases total CH₄ warming for $f > 0.04$; for $f < 0.04$, it is difficult to trigger a lake-forming episode. In addition, during a lake-forming event, lake-bottom temperature rises to >273 K even for ice-covered lakes. This warming destabilizes sub-lake clathrates. Subsequent CH₄ degassing (for example, via mud volcanoes) adds to atmospheric CH₄. The largest proposed

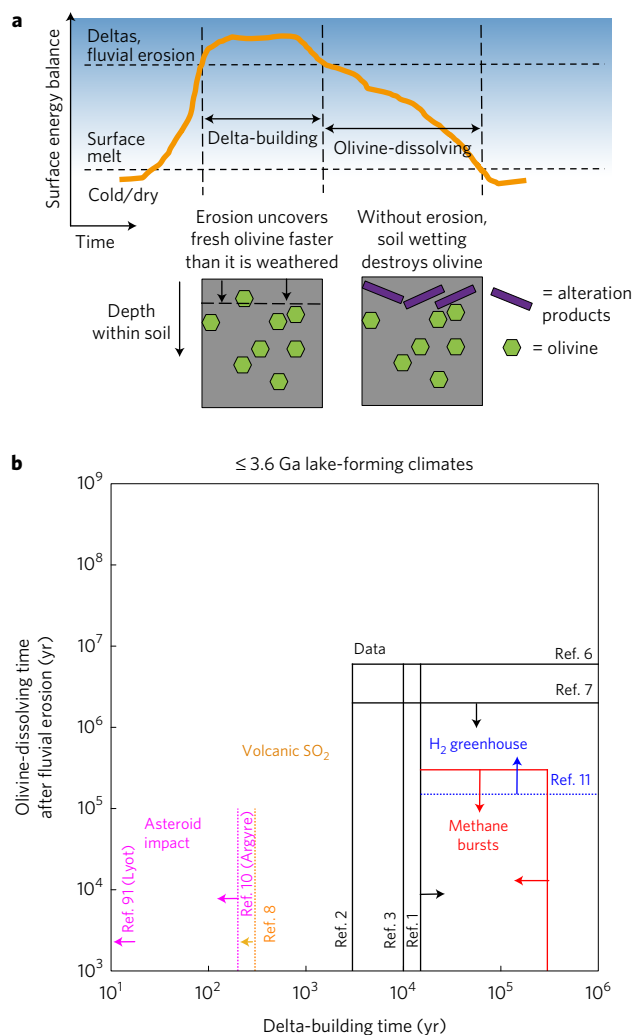


Figure 1 | Geologic constraints on the duration and shutdown time of lake-forming climates. **a**, Schematic showing how the delta-building timescale and the olivine-preservation timescale constrain duration and shutdown time for a lake-forming climate episode. Olivine constrains soil

wetting after fluvial erosion ceases. **b**, Geologic constraints (black lines) compared to models for the trigger mechanism of lake-forming climates (coloured lines).

palaeolake on Mars is 10⁶ km² (ref. 35) and seas as large as 2.3 × 10⁷ km² have been suggested (for example, ref. 36). Because the lake-bottom warming is long-lived, sub-lake pore ice melts to open permeable conduits (through-taliks) to the deep hydrosphere.

There are other mechanisms by which mean- ϕ transitions could drive lake formation by linking surface and subsurface hydrology³⁷. For example, ice unloading could promote hydrofracture discharge of overpressured aquifers. Clathrate decomposition, for example, driven by ϕ changes, might directly trigger outflow channels³⁷, and chaos terrain formation could also release CH₄: individual chaos-terrains have volumes up to 10⁵ km³. Chaos terrain formation could be associated with shallow magmatic intrusions, which might themselves destabilize CH₄.

Lake-forming climates in the context of Mars' history

Because widely spaced CH₄ bursts are possible, we hypothesize that the ~ 3 Ga lake-forming climate may be a late echo of the more-intense ~ 4 Ga climate upswing that cut valley networks and filled inland seas³⁸. For example, atmospheric collapse could drive ice sheets from highlands to poles³⁹, depressurizing sub-ice clathrate.

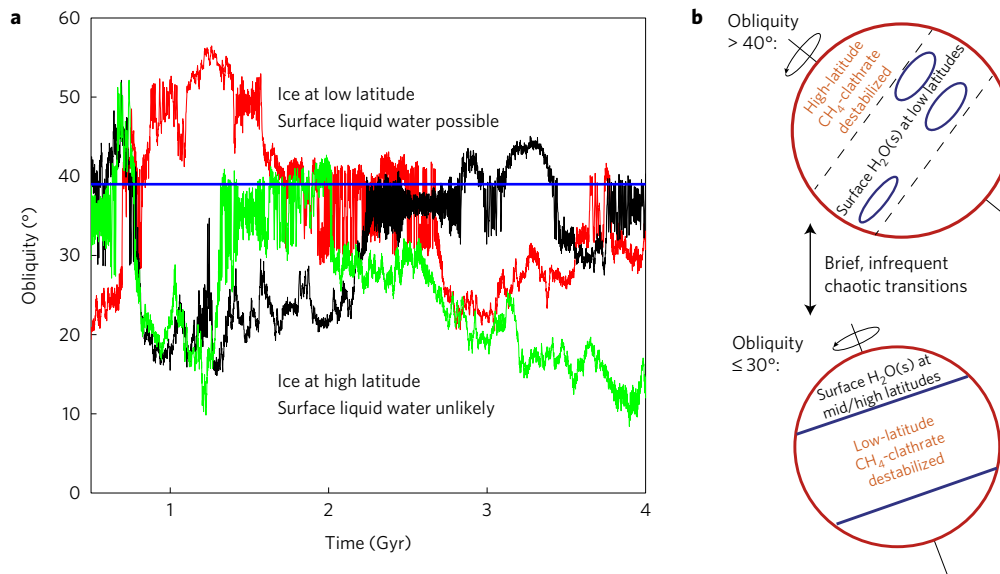


Figure 2 | Range of obliquity trajectories possible for Mars, and their probable climate effects. Left: Examples of possible, equally likely, orbital histories for Mars. Right: Schematic showing effect of obliquity change on surface-ice distribution.

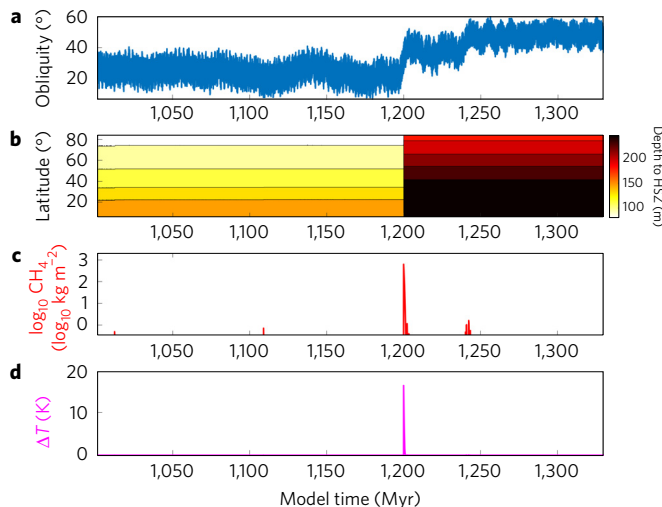


Figure 3 | Triggering of a CH₄-enabled lake-forming climate on Mars. Model time is arbitrary. **a**, Example obliquity forcing (preceded by 0.3 Gyr of continuously low obliquity). **b**, Depth to the top of the clathrate hydrate stability zone. Darkening denotes clathrate destabilization. **c**, Atmospheric CH₄ column mass ($f=0.045$). **d**, Temperature change (from parameterization of ref. 22). Temperature change is sufficient to produce an Antarctic-Dry-Valleys-like climate. Lake-forming event lasts ~ 300 kyr (Supplementary Fig. 5a).

Conversely, more than five widely separated lake episodes would be inexplicable by CH₄ bursts alone⁴⁰.

In our model, surface climate $\lesssim 3.6$ Ga is driven by CH₄ produced during earlier water–rock reactions¹². Serpentinization at >3.6 Ga has been documented from orbit⁴¹, and data suggest cool mid-crustal temperatures that are consistent with pervasive hydrothermal circulation^{42,43}. The abundant CH₄ predicted by our model could be tested with better constraints on permeability, alteration extent, and fluid chemistry in ancient deep aquifers⁴⁴. Furthermore, the CH₄-clathrate reservoir on Mars should never completely vanish. Present-day CH₄ outgassing is predicted⁴⁵. CH₄ outgassing has been reported from ground-based and rover instruments (for example, ref. 46). Our model indicates that (after many chaotic-obliquity shifts) ancient clathrate should be closest to the surface in dusty

longitudes at 30°–50° N. The ExoMars orbiter may decisively test modern outgassing⁴⁷.

Our model of uncommonly wet climates on post-3.6 Ga Mars does not account for the lesser amounts of liquid water needed to explain the prolonged accumulation of sedimentary rocks near Mars’ equator (for example, refs 48,49). Although CH₄ bursts can explain the cadence of lake-forming climates, the problem of accounting for these sedimentary rocks remains open^{39,50}.

Methods

Methods, including statements of data availability and any associated accession codes and references, are available in the [online version of this paper](#).

Received 25 May 2017; accepted 23 August 2017; published online 2 October 2017

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Acknowledgements

We are grateful for input from D. E. Archer, J. C. Armstrong, B. L. Ehlmann, V. E. Hamilton, A. D. Howard, R. P. III Irwin, M. C. Palucis, D. Stolper, R. M. E. Williams and R. Wordsworth. We thank J. F. Kasting and A. G. Fairén for useful reviews. Part of the research was carried out at the Jet Propulsion Laboratory, California Institute of Technology, under a contract with the National Aeronautics and Space Administration. We acknowledge the University of Chicago's Research Computing Center and financial support from NASA (NNX16AG55G, NNX15AM49G).

Author contributions

E.S.K. designed research; M.A.M., Y.L.Y. and D.P.M. contributed new models, model output, and analyses; E.S.K., C.G. and P.G. carried out research; and E.S.K. wrote the paper.

Additional information

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Competing financial interests

The authors declare no competing financial interests.

Methods

Geologic synthesis. For many low-latitude fluvio-lacustrine deposits on Mars, geologic data indicate mid-Hesperian to Early Amazonian age^{1–3,51–58}. This corresponds⁵⁹ to ~3 Ga (or ~2 Ga using an alternative chronology⁶⁰). These deposits postdate the ~3.8 Ga highland valley networks of Mars⁵¹, which are also hydrologically distinct from the younger fluvio-lacustrine deposits⁶¹. Published data are consistent with the globally distributed deposits having been caused by one to two intervals of delta-building. The water source for the features considered in this paper was precipitation (rain or snowmelt). Precipitation is indicated by spatially clustered watersheds with channels extending near ridgelines⁶². Snowmelt is a reasonable hypothesis for ~3 Ga deposits, although the reasoning set out in this paper does not rule out rainfall. Other ~3 Ga palaeochannels and fluvial deposits (not considered here) are more ambiguous, and might be formed either by precipitation runoff^{63,64} or by localized water sources^{65–67}.

The delta-forming duration τ_1 (duration of fluvial sediment transport) must exceed:

$$\tau_1 > V_d(V_w/V_s)/EA_p \quad (1)$$

where V_d (m^3) is measured delta volume, V_w/V_s is water:sediment ratio, E ($m\ yr^{-1}$) is the sum of evaporation rate (constrained by energy balance) and infiltration rate, and A_p (m^2) is lake area¹² (Supplementary Table 1). Energy balance limits evaporation rate to $<1\ m\ yr^{-1}$, and long-term average infiltration rate is probably small¹. Deposit morphology suggests dilute flows (debris-flow deposits are less common⁶⁸). Most authors therefore assume a dilute V_w/V_s ratio $\geq 10^3$, similar to Earth data⁶⁹. Long minimum lake lifetimes inferred from delta volumes (Supplementary Table 1) are consistent with minimum runoff durations calculated from the energy-balance limit on snowmelt runoff production⁵⁰ combined with alluvial-fan volumes⁶⁸. Because water demands (column metres) of both deltas and alluvial fans exceed the plausible thickness of pre-existing snowpack, precipitation recharge of water source areas must have occurred during the wet event (that is, a hydrologic cycle)^{1,68}.

Assuming runoff from snowmelt, runoff rate is directly related to surface energy balance. The surface energy balance difference J ($W\ m^{-2}$) between the energetic threshold for soil wetting (no runoff), and the same threshold for fluvial sediment transport, is:

$$J = \rho L(Q/A + I + E_e) \quad (2)$$

where ρ is liquid water density ($1,000\ kg\ m^{-3}$), L is latent heat of melting snow/ice ($334\ kJ\ kg^{-1}$), Q is river palaeodischarge ($m^3\ s^{-1}$), A is drainage area in m^2 (Q/A is 'runoff production'), I is infiltration rate ($mm\ h^{-1}$), and E_e is excess evaporation ($mm\ h^{-1}$). A lower bound on J is obtained by setting I and E_e to zero; then $J = \rho LQ/A$. For ~3.6 Ga precipitation-fed channels, Q/A is estimated as ~0.1–0.2 $mm\ h^{-1}$ for Saheki⁷⁰, 0.03–0.4 $mm\ h^{-1}$ for Peace Vallis⁷¹, and 0.1–0.3 $mm\ h^{-1}$ for Eberswalde¹. Taking 0.2 $mm\ h^{-1}$ as representative, $J = 20\ W\ m^{-2}$. These modest runoff requirements are consistent with an Antarctic-Dry-Valleys-like climate. An Antarctic-Dry-Valleys-like climate permits large lakes^{29,30}.

We use olivine persistence as a constraint on the duration of soil-wetting climates (Fig. 1). Olivine is present in many Mars delta and alluvial-fan watersheds. Specifically, Observatoire pour la Minéralogie, l'Eau, les Glaces et l'Activité (OMEGA) shows olivine⁷² in some alluvial-fan watersheds; Thermal Emission Spectrometer (TES) data show widespread olivine⁷³, including in alluvial-fan watersheds; Thermal Emission Imaging System (THEMIS) decorrelation stretches indicate olivine⁷⁴ in alluvial-fan watersheds; and the Compact Reconnaissance Imaging Spectrometer for Mars (CRISM) OLINDEXT3 parameter, which was designed as an indicator of olivine⁷⁵, shows high values in many alluvial-fan watersheds. CRISM olivine detections in alluvial-fan watersheds include Robert Sharp crater⁷⁶ and Saheki (Supplementary Fig. 1). Olivine persistence sets an upper limit on the duration of soil wetting by olivine-dissolving fluids. Olivine-dissolution data indicate olivine lifetimes $<(2–6)\ Myr$ for $T \sim 278\ K$, for a pH corresponding to pure water pH equilibrated with 60 mbar CO_2 , and including a $100\times$ lab-to-field correction⁶⁷. Thicker atmospheres, as required for most warming mechanisms, give lower pH and thus shorter lifetimes. However, buffering by rock dissolution increases pH and thus olivine lifetimes⁷⁷. Some calculations⁷⁸ give olivine lifetimes in fluids at Mars' surface as short as 10 yr. Short olivine-inferred water durations are consistent with short water durations inferred from the persistence of hydrated amorphous silica⁷⁹, co-mingling of unaltered olivine with sulfates in the Peace-class rocks at Gusev⁸⁰, the persistence of jarosite⁸¹, and the near-isochemical alteration of Bradbury group materials at Gale crater⁸², among other methods. We assume that infiltrated water is present in soil throughout a wet season. This is reasonable because runoff generation from snowpack is extremely difficult unless snowpack reaches thermal maturity. Thermal maturity requires that average temperature during the warm month is near freezing⁸³. Additionally, infiltration, and latent-heat release, protect water from complete freezing.

Although we focus on the 3.6 Ga lake-forming climate(s) in this study, the ~3.8 Ga lake-forming climate is also characterized by a relatively short-lived interval of intense fluvial sediment transport^{38,84,85} (see also ref. 86).

Our model includes a H_2O ice overburden that shifts with obliquity. Snow accumulation at latitude $<45^\circ$ at $\varphi > 40^\circ$ is supported by all Mars climate models^{5,39,50,87}. Snow accumulation at latitude $<45^\circ$ at $\varphi > 40^\circ$ is also supported by observations of equatorial relict ice and glacial moraines⁸⁷. This latitudinal shift in snow distribution is caused by the increase in polar summer insolation at high obliquity. At high atmospheric pressure, snow/ice may be present at low latitudes regardless of φ , but water ice stability patterns still show latitudinal shifts³⁹ with φ . Laterally extensive midlatitude volatile-rich layers that migrate under φ control were ~32 m thick based on relict Amazonian deposits⁸⁸, or $(44 \pm 23)\ m$ thick based on pedestal craters²⁴.

Assessment of previously proposed trigger mechanisms. *Volcanic SO_2 .* The SO_2 -greenhouse model of ref. 8 predicts wet events of duration ~30 yr. This hypothesis struggles to match minimum lake-lifetime constraints, and SO_2 -outgassing may in fact induce net cooling⁹.

Climate change triggered by impact energy. Impact-triggered models for post-3.6 Ga wet climates must satisfy the geologic constraint of modest precipitation-sourced erosional modification of the six largest post-3.6 Ga craters on Mars⁸⁹. Ref. 16 proposes a metastable impact-triggered wet climate sustained by cloud forcing. Such a climate can sustain temperatures above 273 K on annual average, but only with unrealistic total cloud cover⁹⁰. However, the model could generate seasonal melting with more realistic cloud-cover assumptions⁹⁰. Ref. 91 states that a metastable warm/wet climate can be attained from the impact of an 8-km-radius asteroid. Their maps do not show rain at the impact location itself, which is intriguingly consistent with post-3.6 Ga Mars data⁸⁹.

Impact delivery of volatiles. Comets have ~1% CH_4 (ref. 92). One of the largest impact craters on Mars with age $<3.6\ Ga$ is Lyot (ref. 89). Supposing Lyot to have been formed by a comet, the impact would have delivered $<0.01\ mbar\ CH_4$ (radiatively negligible).

Obliquity simulations. Mars' obliquity (φ) is quasi-periodic on $<10^6$ yr timescales but chaotic on 10^8 yr timescales, ranging from $0–70^\circ$ (ref. 93). These large changes have correspondingly large effects on climate⁵. To generate realistic possible φ histories for ~3 Ga Mars, we first generated an ensemble of solar system simulations using the mercury6 N-body code⁹⁴. We added φ /precession tracks in post-processing using ref. 95. We generated randomness by shifting Mars' initial position, and by randomly selecting initial obliquities from the probability distribution functions of ref. 93. After the tracks have diverged from their initial conditions, each track (and each time interval of a given track) is an equally good estimate of ~3 Ga Mars behaviour. Our obliquity runs show chaotic transitions⁹⁵ in mean φ . Transitions are separated by long periods during which mean φ does not vary greatly, consistent with previous work^{96,97}. Our eccentricity pdf agrees with that of ref. 93. Our φ pdf is unimodal, peaking at $\sim 40^\circ$, and with a shape close to that of ref. 93.

Surface temperature modelling. We calculate surface temperature as a function of obliquity, latitude, CO_2 partial pressure, and CH_4 partial pressure. Our starting point is a grid of output from 20 runs of a CO_2 -only GCM (derived from ref. 5), which were carried out assuming a solar luminosity 75% that of today's Sun, $p_{CO_2} = \{6, 60, 600, 1,200\}\ mbar$, and $\varphi = \{15^\circ, 25^\circ, 35^\circ, 45^\circ, 60^\circ\}$. We zonally average and time-average the surface temperatures. We adjust results upwards by a fixed amount to match the results⁹⁸ of the LMD GCM, because the LMD GCM includes cloud and $H_2O(v)$ effects that are absent in our GCMs. The LMD GCM predicts equatorial, datum-elevation, CH_4 -free temperatures of ~245 K. For a given p_{CO_2} , we interpolate in the grid of adjusted GCM results using our obliquity tracks to interpolate the surface temperature as a function of time and latitude. (The effects of varying eccentricity and longitude of perihelion are neglected, which has the indirect effect of stabilizing clathrate at low latitude.) These CH_4 -absent temperatures drive initial CH_4 destabilization. After non-negligible CH_4 has entered the atmosphere, we add a uniform temperature offset to take account of CH_4 - CO_2 collision-induced absorption²². This calculation includes the surface-cooling effect associated with the absorption of near-infrared sunlight by methane²². Our simple approach to calculating greenhouse forcing is appropriate for this study, because our goal is to explain runoff intermittency (not absolute temperature, not latitudinal gradients, not the existence of runoff).

Clathrate modelling. *Charge-up.* Early Mars had active magmatism, initially high geothermal heat flow, a probable large water inventory⁹⁹, and a basaltic/ultramafic crust. Therefore, the amount of CH_4 produced by serpentinization early in Mars' history is potentially very large^{100,101}. Whether this CH_4 -production potential was realized depends on details of catalyst distribution and crustal permeability, which are poorly known even for Earth. Our CH_4 -burst scenario requires no more than $0.0001\times$ of the stoichiometric CH_4 -production upper limit. Mars' meteorites have ~15–20 wt% FeO_T —that is, 10–13 wt% Fe. Most of the Fe in the upper crust has FeO oxidation state. Assuming 1 electron per oxidized Fe, the CH_4 -production

upper limit is 7% of the mass of the Fe. Multiplying by an assumed mid-crustal alteration zone thickness of 5 km and density $3,000 \text{ kg m}^{-3}$ yields an electron-based stoichiometric upper limit of $\sim 10^2$ bars. In practice, the limit to CH_4 -production would more likely be set by C availability. Mars' crust production was extended over a long period, including times during which the surface would have been cold. Therefore, CH_4 produced by water-rock reactions (for example, by serpentinization and Fischer-Tropsch Type reactions; refs 31,102) would have been trapped on approach to the cooling surface (for example, beneath ice sheets or primordial seas) as clathrate (Supplementary Fig. 3). CH_4 accumulates in $\sim 10^7$ yr by cycling of CH_4 -saturated water through the hydrate stability zone (HSZ), or more quickly by bubble exsolution¹⁰³. The fraction of HSZ volume that is occupied by clathrate (f in our model) must be divided by porosity to obtain the fraction of pore space that is occupied by clathrate. We assume a porosity of 0.3 (Lunar porosity is ~ 0.25)¹⁰⁴. The extent to which pore space is filled on Mars by abiogenic methane clathrate is unknown¹⁰⁵; on Earth biogenic methane clathrate fills $\sim 3\%$ of available pore space¹⁰⁶.

Release. CH_4 trapped in clathrate is retained for up to Gyr. Reference 107 cites theoretical calculations¹⁰⁸ for which the diffusivity of CH_4 in the clathrate lattice (D_{CH_4}) is given by:

$$D_{\text{CH}_4}(T) = 0.0028 \times X_{\text{CH}_4} \exp(-6.042 \times 10^{-13}/kT) \text{ cm}^2 \text{ s}^{-1} \quad (3)$$

where k is Boltzmann's constant. Setting $X_{\text{CH}_4} = 0.03$ (where X_{CH_4} is the fraction of unoccupied clathrate-lattice cages) and $T = 270 \text{ K}$ (worst case for CH_4 loss) yields $8 \times 10^{-16} \text{ m}^2 \text{ s}^{-1}$. In this case, 3 Gyr will allow approximately 10 m of clathrate to be de-methanated by CH_4 loss, which is not important for our purposes. Plausible increases²⁰ to $10^{-14} \text{ m}^2 \text{ s}^{-1}$ do not alter this qualitative conclusion. CH_4 clathrate that is moved out of the P-T range of CH_4 -clathrate stability will outgas CH_4 geologically quickly^{109,110}.

We calculate CH_4 -clathrate stability assuming that thermal equilibrium is reached at each 1 kyr timestep. This is reasonable because the depth of clathrate destabilization in our model is $\lesssim 250 \text{ m}$. Tests using a one-dimensional (1D) scheme (tracking temperature as a function of depth) showed no qualitative difference in behaviour. The latent heat of clathrate dissociation is ignored; this is acceptable because the thermal forcing of interest (from orbital variations) varies slowly compared to the speed of lowering of the clathrate table with or without latent-heat buffering. Geothermal heat flux is 0.03 W m^{-2} . The model is spun up with zero clathrate release for 5 Myr.

Regolith density (on top of the HSZ) is $2,000 \text{ kg m}^{-3}$. A surface layer of 44 m of ice (density 910 kg m^{-3}) is assumed poleward of 30° for $\varphi < 40^\circ$ (ref. 24). When $\varphi > 40^\circ$, this ice sublimates at 0.3 cm yr^{-1} . Three-dimensional (3D) climate models predict faster sublimation¹¹¹; however, faster sublimation rates would have no effect on our conclusions. We do not include thermal buffering from this icy material, but this would only slightly delay/damp the thermal wave. Ice-overburden sublimation tends to enhance and extend the atmosphere CH_4 -enrichment episode in our model. To show that ice-overburden sublimation is not required for a CH_4 burst, the results of a high- φ to low- φ obliquity transition are shown in Supplementary Fig. 5. In this simulation ice unloading does not occur (because nontropical ice is always unstable), and methane bursts still result.

CH_4 -clathrate stability zone boundaries are taken from Table 4.1 of ref. 18. Destabilized CH_4 is assumed to be released to the atmosphere during the same timestep. Rapid release is a reasonable approximation because the thermal pulses are at orbital frequencies (10^5 – 10^6 yr), and—especially when fracturing associated with clathrate destabilization is taken into account— CH_4 is unlikely to be trapped for this long. Once released, CH_4 is not recharged.

We evaluated additional CH_4 release from taliks beneath lakes. Sub-talik CH_4 release is initialized once atmospheric CH_4 exceeds an arbitrary, but radiatively reasonable threshold of 10^2 kg m^{-2} . We take this threshold to mark the onset of lake flooding. The warming-front depth is set to $2.32\sqrt{\kappa\tau}$, where $\kappa = 10^{-6} \text{ m}^2 \text{ s}^{-1}$ is thermal diffusivity and τ is time since sub-talik release is initialized. f beneath lakes is the same as f elsewhere. All CH_4 above the warming-front is released to the atmosphere. The warming-front's progress is halted at a depth 350 m, corresponding to pressure-stabilization of CH_4 -clathrate at $\sim 273 \text{ K}$. For a talik area of $1.1 \times 10^6 \text{ km}^2$ (corresponding to the Eridania palaeolake; ref. 35), the talik feedback is minor compared to feedback release of CH_4 from un-inundated locations. However, if the flooded area was larger^{36,112}, talik feedback could be important.

CH_4 destruction parameterization. We used the Caltech/JPL 1-Dimensional Mars photochemistry code, modified to include reduced C species^{23,113,114}. Estimated 2.7 Ga photon fluxes are used²⁶; our results would remain qualitatively the same for photon fluxes corresponding to times < 3.8 Ga. Boundary conditions include surface burial of O_2 , O_3 , H_2O_2 , and CO . H_2O is set to a specified mixing ratio at the surface, is well mixed up to the saturation altitude, follows the saturation vapour pressure until the atmosphere (by assumption) becomes isothermal, and becomes

well mixed again above that. Results are insensitive to the specified H_2O surface-mixing ratio. The model is initialized with a specified amount of CH_4 . This initial CH_4 and the (fixed) CO_2 abundance, were both varied. Results are shown in Supplementary Figs 3 and 4. Atmospheric H_2 levels rise as CH_4 is destroyed, but the radiative effect of this H_2 is minor compared to CH_4 assuming the H_2 - CH_4 - CO_2 CIA parameterization of ref. 22.

At the CH_4/CO_2 ratios that are most relevant for this study (~ 0.005 – 0.02), CH_4 destruction rate is a function of CO_2/CH_4 ratio. This can be simply interpreted as the result of competition between CO_2 and CH_4 for ultraviolet photons: because CH_4 photolysis cross-section is $\sim 10^2 \times$ that of CO_2 near Lyman- α wavelengths ($\sim 121.6 \text{ nm}$), CO_2 increasingly shields CH_4 from destruction as CH_4/CO_2 ratio decreases. At CH_4/CO_2 ratios that are less relevant for our climate scenario, more complicated behaviour emerges. As expected¹¹⁵, $\text{CH}_4/\text{CO}_2 > \sim 0.1$ leads to significant quantities of higher hydrocarbons, and these could form an antigreenhouse haze¹¹⁶. Because the model does not track production of hydrocarbons with mass greater than C_2H_6 , we do not attempt to track haze formation. For our $\text{CH}_4/\text{CO}_2 = 0.1$ runs, autocatalysis^{117,118} can play a significant role in CH_4 loss. For $\text{CH}_4/\text{CO}_2 < 0.005$, path dependence can be important, in that the secondary products of a high- CH_4/CO_2 pulse interact with the H and H-species (for example, OH) produced by destruction of the remainder of the CH_4 . This appears to be the cause of the scatter at low values of CH_4/CO_2 in Supplementary Fig. 4.

The results are insensitive to varying the water volume-mixing ratio from 1 ppm to saturation at the surface. Results are sensitive to varying stratospheric diffusivity K_{zz} , because K_{zz} regulates supply of CH_4 from the shielded lower atmosphere to the region of ultraviolet photolysis. For $\{p_{\text{CO}_2} = 500 \text{ mbar}, p_{\text{CH}_4} = 1 \text{ mbar}\}$, increasing K_{zz} by a factor of 100 reduces CH_4 lifetime by a factor of 8. This remains consistent with geologic constraints, and $100 \times$ the nominal K_{zz} profile is already pushing the limits on estimates of K_{zz} in the Martian atmosphere. To test sensitivity to photon flux, we first set K_{zz} to $100 \times$ nominal. Then, varying Ly- α , we found that the time-to-halving of initial CH_4 concentration scaled approximately as $(\text{flux})^{-0.8}$. The photon-flux dependence is probably itself dependent on CH_4 concentration. Ly- α flux as a function of star age can be estimated using:

$$I_{1216} = (3.7 \times 10^{-11} \text{ cm}^{-2} \text{ s}^{-1}) \times t_{\text{Gyr}}^{-0.72} / 4.56^{-0.72} \quad (4)$$

where t_{Gyr} is time after Mars' formation in Gyr¹¹⁹. Plausible variations in this scaling could affect ultraviolet flux by a factor of several¹²⁰.

The ancient destruction of atmospheric CH_4 at high p_{CH_4} (Supplementary Figs 3 and 4) proceeds differently to destruction of CH_4 at low p_{CH_4} (for example, modern Mars). At low p_{CH_4} , roughly half of CH_4 loss is accounted for (ref. 25) by reactions between methane and oxidizing agents from photolysis of H_2O and CO_2 . These reactions become less important as p_{CH_4} increases.

We did not find plausible parameter combinations for which CH_4 lifetime is < 10 kyr. Therefore, it is reasonable to infer on the basis of these results that the validity of the methane burst scenario depends on the size of the methane burst supplied to the atmosphere. If a burst is large enough to alter lake hydrology, then CH_4 destruction will be slow enough to match the lake-lifetime constraints.

Code availability. The methane burst code is available from the corresponding author upon request. The GCM and photochemical codes are not available.

Data availability. The materials that support the findings of this study and the figures in this paper, including computer code, are available from the corresponding author upon request.

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